MARINA VIEW NURSERY
4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS

WEEK 1	October 26 – April 27

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Wheat Biscuits with milk Selection of Fruit Toppings	Children's Choice Yogurt Bowls	Cereal Selection Fruit	Toast & Banana	Zero Waste Friday
Lunch	Chicken Noodle Soup Apple & Pear Oaty Crumble with Custard	Cottage Pie Roasted Parsnip Side Melon Fingers	Macaroni Cheese Carrot & Pea Side Fresh Fruit Salad	Mild Fish & Chickpea Curry Courgette & Red Onion Rice Raspberry Milkshake Jelly	Sausages 'n' Mash Onion Gravy Steamed Cabbage Side Melon Fingers
Mid-afternoon snack	Breadsticks Garlic 'n' Herb Dip	Selection of Crackers & Cheese Vine tomato slices	Homemade Oatcakes & Spread	Rice Cakes Selection of Fruit	Zero Waste Friday
Tea	Wholemeal Toast Reduced Salt Baked Beans Choice of Cheddar Topping	Scotch Broth Soup Bread for Dunkin	Homemade Chicken, Olive & Lemon Sausage Rolls Oregano Dip	Homemade Sundried Tomato & Basil Soda Bread Smashed Bean Spread	Sweetcorn Chowder
NOTES	• Soup or Sandwiches will be available as an alternative at lunch time. • Alternative options are available for children with dietary requirements • Water/Milk is provided at Breakfast, Lunch, Tea and Snack times. **Fruit and Vegetable sticks are always offered as a pudding alternative and alongside Snacks and Tea.**				

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WEEK 2	October 26 – April 27

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Toast & Banana	Wheat Biscuits with milk Selection of Fruit Toppings	Heartwarming Porridge	Cereal Selection Fruit	Zero Waste Friday
Lunch	Fish Fingers Root Vegetable Mash Pea & Sweetcorn Side Melon Fingers	Chicken Tikka Masala Golden Vegetable Rice Fresh Fruit Salad	Hearty Pork Minestrone Soup Chocolate & Orange Brownie	Spaghetti Bolognese Broccoli & Cauliflower Side Yogurt with Pears & Peaches	Tattie 'n' Leek Soup Cheesy Carrot Crunch Sandwiches Rice Pudding
Mid-afternoon snack	Selection of Crackers & Cheese Apple Slices	Carrot & Pepper Sticks Homemade Houmous	Rice Cakes Selection of Fruit	Homemade Oatcakes & Spread	Zero Waste Friday
Tea	Creamy Winter Carrot, Butter Bean & Tarragon Soup	Zesty Dill & Salmon Pasta Salad	Wholemeal Toast Reduced Salt Baked Beans Choice of Cheddar Topping	Pitta Pockets Smashed Egg or Cheese & Tomato Shredded Iceberg	Homemade Turkey & Cranberry Sausage Rolls
NOTES	• Soup or Sandwiches will be available as an alternative at lunch time. • Alternative options are available for children with dietary requirements • Water/Milk is provided at Breakfast, Lunch, Tea and Snack times. **Fruit and Vegetable sticks are always offered as a pudding alternative and alongside Snacks and Tea.**				

MARINA VIEW NURSERY
4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS

WEEK 3	October 26 – April 27

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Cereal Selection Fruit	Toast & Banana	Wheat Biscuits with milk Selection of Fruit Toppings	Children's Choice Yogurt Bowls	Zero Waste Friday
Lunch	Turkey Tagine Boiled Rice Sugar Snap & Broccoli Side Fresh Fruit Salad	Traditional Stovies Warm Crusty Bread Eve's Pudding	Enchiladas Homemade Rainbow Slaw Side Melon Fingers	Chicken & Leek Pie Parsley Baby Boilers Root Vegetable Side Homemade Shortbread	Salmon & Roasted Vegetable Lasagne Lemon Dressed Spinach & Rocket Fresh Fruit Salad
Mid-afternoon snack	Rice Cakes Cream Cheese Pineapple Slices	Breadsticks Homemade Salsa	Toast & Banana	Selection of Crackers & Cheese Cherry Tomato Quarters	Zero Waste Friday
Tea	Pitta Pockets Smashed Egg or Cheese & Tomato Shredded Iceberg	Sweetcorn & Spinach Fritters Homemade Feta & Parsley Dip	Chicken Caesar Pasta Salad	Sweet Potato, Carrot & Chickpea Soup	Wholemeal Toast Reduced Salt Baked Beans Choice of Cheddar Topping
NOTES	• Soup or Sandwiches will be available as an alternative at lunch time. • Alternative options are available for children with dietary requirements • Water/Milk is provided at Breakfast, Lunch, Tea and Snack times. **Fruit and Vegetable sticks are always offered as a pudding alternative and alongside Snacks and Tea.**				

MARINA VIEW NURSERY

4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS

WEEK 4	October 26 – April 27

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Children's Choice Yogurt Bowls	Heartwarming Porridge	Toast & Banana	Wheat Biscuits with milk Selection of Fruit Toppings	Zero Waste Friday
Lunch	Hearty Chicken & Vegetable Stew Topped with Rosemary Dumplings Strawberry Delight	Vine Tomato, Salmon & Basil Penne Cauliflower & Baby Corn Side Fresh Fruit Salad	Mince & Haggis Pie Celeriac & Turnip Batons Side Yoghurt & Mandarins	Traditional Scottish Ham Hock Lentil Soup Warm Crusty Bread Melon Fingers	Three Bean Turkey Chilli Roasted Vegetable Rice Homemade Tortilla Chips Homemade Scones & Fruit
Mid-afternoon snack	Homemade Oatcakes & Spread	Rice Cakes Selection of Fruit	Selection of Crackers & Cheese Cherry Tomato Quarters	Carrot & Pepper Sticks Homemade Houmous	Zero Waste Friday
Tea	Mackerel Pasta Salad	Homemade Roasted Mushroom & Garlic Soda Bread Reduced Salt Baked Beans	Pear & Parsnip Soup Thyme Croutons	Broccoli & Pea Fritters Homemade Ketchup	Pitta Pockets Smashed Egg or Cheese & Tomato Shredded Iceberg
NOTES	• Soup or Sandwiches will be available as an alternative at lunch time. • Alternative options are available for children with dietary requirements • Water/Milk is provided at Breakfast, Lunch, Tea and Snack times. **Fruit and Vegetable sticks are always offered as a pudding alternative and alongside Snacks and Tea.**				

MARINA VIEW NURSERY
MENU ROTATION WEEKS 1-4
October 2026 – April 2027

October

Week 1	**Week beginning**	**19th**
Week 2	**Week beginning**	**26th**

November

Week 3	**Week beginning**	**2nd**
Week 4	**Week beginning**	**9th**
Week 1	**Week beginning**	**16th**
Week 2	**Week beginning**	**23rd**
Week 3	**Week beginning**	**30th**

December

Week 4	**Week beginning**	**7th**
Week 1	**Week beginning**	**14th**

January

Week 2	**Week beginning**	**4th**
Week 3	**Week beginning**	**11th**
Week 4	**Week beginning**	**18th**
Week 1	**Week beginning**	**25th**

February

Week 2	**Week beginning**	**1st**
Week 3	**Week beginning**	**8th**
Week 4	**Week beginning**	**15th**
Week 1	**Week beginning**	**22nd**

March

Week 2	**Week beginning**	**1st**
Week 3	**Week beginning**	**8th**
Week 4	**Week beginning**	**15th**
Week 1	**Week beginning**	**22nd**
Week 2	**Week beginning**	**29th**

April

Week 3	**Week beginning**	**5th**
Week 4	**Week beginning**	**12th**