

**MARINA VIEW NURSERY**  
**4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS**



WEEK 1	October 25- April 26
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Homemade Oatcakes	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Crackers & Cheese	Zero Waste Friday
Lunch	<p>Turkey Mince Spaghetti Bolognese</p> <p>Melon Fingers</p>	<p>Beef &amp; Butternut Chilli</p> <p>Served with Boiled Rice &amp; Optional Cheese Topping</p> <p>Fresh Fruit Salad</p>	<p>Shepards Pie</p> <p>Served with Chunky Carrots</p> <p>Homemade Scones with Banana</p>	<p>Thai Chicken &amp; Sweet Potato Soup</p> <p>Oaty Apple Crumble with Custard</p>	<p>Spanish Style Fish Stew</p> <p>Served with Lemon &amp; Parsley Rice</p> <p>Yogurt &amp; Mandarins</p>
Mid-afternoon snack	Selection of Fruit & Veg Sticks	Rice Cakes	Toast	Selection of Fruit & Veg Sticks	Zero Waste Friday
Tea	Parsnip & Apple Soup	Sandwich Selection	<p>Broccoli &amp; Pea Fritters</p> <p>Served with Tomato &amp; Cucumber Salad</p>	Freshly Baked Polenta Loaf & Spread	Tattie & Leek Soup
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

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WEEK 2	October 25- April 26
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Selection of Fruit & Veg Sticks	Crackers & Cheese	Homemade Oatcakes	Selection of Fruit & Veg Sticks	Zero Waste Friday
Lunch	BBQ Seasoned Chicken Burritos Rammed with Roasted Vegetables  Banana Custard	Hearty Winter Broth served  Served with Homemade Herby Soda Bread  Rice Pudding with Raisins	Baked Salmon & Courgette Orzo  Served with Broccoli  Sugar Free Jelly with Peach Slices	Lentil & Beef Pie topped with Root Veg Mash  Melon Fingers	Cheesy Mac  Served with Cauliflower  Fresh Fruit Salad
Mid-afternoon snack	Breadsticks	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Toast	Zero Waste Friday
Tea	Sandwich Selection	Savoury Spinach & Cheese Muffins	Stovies	Coronation Chicken Pasta	Selection of Mini Quiche's
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

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WEEK 3	October 25- April 26
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Rice Cakes	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Breadsticks	Zero Waste Friday
Lunch	Marina View Monday Roast  Served with  All the Trimmings  Fresh Fruit Salad	Traditional Fish Pie  Served with  Turnip Batons  Homemade Scones & Banana	Chicken Tikka Masala  Served with  Pea & Coriander Rice  Melon Fingers	Yvonne's Meatballs simmered in a Basil & Tomato Sauce  Served with  Pasta Spirals  Fresh Fruit Salad	Just Like Yer Grannies Lentil Soup  Served with  Crusty Bread  Rice Pudding with Stewed Apples
Mid-afternoon snack	Selection of Fruit & Veg Sticks	Homemade Oatcakes	Crackers & Cheese	Selection of Fruit & Veg Sticks	Zero Waste Friday
Tea	Lemon 'n' Herb Marinated Chicken Cous Cous  Served with a Tzatziki Side	Carrot and Butter Bean Soup	Sandwich Selection	Omelette Bites	Mackerel and Courgette Frittata
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

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**4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS**



WEEK 4	October 25- April 26
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Selection of Fruit & Veg Sticks	Toast	Breadsticks	Selection of Fruit & Veg Sticks	Zero Waste Friday
Lunch	Traditional Scottish Cullen Skink  Served with Homemade Soda Bread	Chunky Vegetable & Chicken Casserole topped with Wee Jean's Dumplings	Carbonara  Served with Sugar Snap Peas, Baby Corn and Carrots	Mild Fish Curry  Served with Boiled Rice & Naan Bread Fingers	An old Favourite Steak Pie  Served with Steamed Cabbage & Mash Tatties
	Date Squares	Melon Fingers	Fresh Fruit Salad	Sugar Free Jelly and Pear Slices	Melon Fingers
Mid-afternoon snack	Crackers & Cheese	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Homemade Oatcakes	Zero Waste Friday
Tea	Crustless Broccoli & Tomato Quiche	Mackerel and Roasted Pepper Pasta	Chicken & Rice Soup	Stovies	Sandwich Selection
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

**MARINA VIEW NURSERY**  
**MENU ROTATION WEEKS 1-4**  
**October 2025 – April 2026**

**OCTOBER**

**Week 1**                   **Week beginning**           **27th**

**NOVEMBER**

**Week 2**                   **Week beginning**           **3rd**  
**Week 3**                   **Week beginning**           **10th**  
**Week 4**                   **Week beginning**           **17th**  
**Week 1**                   **Week beginning**           **24th**

**DECEMBER**

**Week 2**                   **Week beginning**           **1st**  
**Week 3**                   **Week beginning**           **8th**  
**Week 4**                   **Week beginning**           **15<sup>th</sup> .....17<sup>th</sup> Dec Traditional Christmas Dinner.....**

**JANUARY**

**Week 1**                   **Week beginning**           **5th**  
**Week 2**                   **Week beginning**           **12th**  
**Week 3**                   **Week beginning**           **19th**  
**Week 4**                   **Week beginning**           **26th**

**FEBRUARY**

**Week 1**                   **Week beginning**           **2nd**  
**Week 2**                   **Week beginning**           **9th**  
**Week 3**                   **Week beginning**           **16th**  
**Week 4**                   **Week beginning**           **23rd**

**MARCH**

**Week 1**                   **Week beginning**           **2nd**  
**Week 2**                   **Week beginning**           **9th**  
**Week 3**                   **Week beginning**           **16th**  
**Week 4**                   **Week beginning**           **23rd**  
**Week 1**                   **Week beginning.**           **30th**

**APRIL**

**Week 2**                   **Week beginning**           **6th**  
**Week 3**                   **Week beginning**           **13th**