

WEEK 1	October 25- April 26
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Homemade Oatcakes	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Crackers & Cheese	Zero Waste Friday
Lunch	Turkey Mince Spaghetti Bolognese	Beef & Butternut Chilli  Served with Boiled Rice & Optional Cheese Topping	Shepards Pie  Served with Chunky Carrots	Thai Chicken & Sweet Potato Soup	Spanish Style Fish Stew  Served with Lemon & Parsley Rice
	Melon Fingers	Fresh Fruit Salad	Homemade Scones with Banana	Oaty Apple Crumble with Custard	Yogurt & Mandarins
Mid-afternoon snack	Selection of Fruit & Veg Sticks	Rice Cakes	Toast	Selection of Fruit & Veg Sticks	Zero Waste Friday
Tea	Parsnip & Apple Soup	Sandwich Selection	Broccoli & Pea Fritters Served with Tomato & Cucumber Salad	Freshly Baked Polenta Loaf & Spread	Tattie & Leek Soup
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

**MARINA VIEW NURSERY**  
**4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS**



<b>WEEK 2</b>	<b>October 25- April 26</b>
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Selection of Fruit & Veg Sticks	Crackers & Cheese	Homemade Oatcakes	Selection of Fruit & Veg Sticks	Zero Waste Friday
Lunch	BBQ Seasoned Chicken Burritos Rammed with Roasted Vegetables  Banana Custard	Hearty Winter Broth served  Served with Homemade Herby Soda Bread  Rice Pudding with Raisins	Baked Salmon & Courgette Orzo  Served with Broccoli  Sugar Free Jelly with Peach Slices	Lentil & Beef Pie topped with Root Veg Mash  Melon Fingers	Cheesy Mac  Served with Cauliflower  Fresh Fruit Salad
Mid-afternoon snack	Breadsticks	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Toast	Zero Waste Friday
Tea	Sandwich Selection	Savoury Spinach & Cheese Muffins	Stovies	Coronation Chicken Pasta	Selection of Mini Quiche's
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

**MARINA VIEW NURSERY**  
**4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS**



<b>WEEK 3</b>	<b>October 25- April 26</b>
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Rice Cakes	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Breadsticks	Zero Waste Friday
Lunch	<p>Marina View Monday Roast</p> <p>Served with</p> <p>All the Trimmings</p> <p>Fresh Fruit Salad</p>	<p>Traditional Fish Pie</p> <p>Served with</p> <p>Turnip Batons</p> <p>Homemade Scones &amp; Banana</p>	<p>Chicken Tikka Masala</p> <p>Served with</p> <p>Pea &amp; Coriander Rice</p> <p>Melon Fingers</p>	<p>Yvonne's Meatballs simmered in a Basil &amp; Tomato Sauce</p> <p>Served with</p> <p>Pasta Spirals</p> <p>Fresh Fruit Salad</p>	<p>Just Like Yer Grannies Lentil Soup</p> <p>Served with</p> <p>Crusty Bread</p> <p>Rice Pudding with Stewed Apples</p>
Mid-afternoon snack	Selection of Fruit & Veg Sticks	Homemade Oatcakes	Crackers & Cheese	Selection of Fruit & Veg Sticks	Zero Waste Friday
Tea	<p>Lemon 'n' Herb Marinated Chicken Cous Cous</p> <p>Served with a Tzatziki Side</p>	Carrot and Butter Bean Soup	Sandwich Selection	Omelette Bites	Mackerel and Courgette Frittata
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

**MARINA VIEW NURSERY**  
**4 WEEK MENU FOR CHILDREN AGED 1 to 5 YEARS**



<b>WEEK 4</b>	<b>October 25- April 26</b>
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MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mid-morning snack	Selection of Fruit & Veg Sticks	Toast	Breadsticks	Selection of Fruit & Veg Sticks	Zero Waste Friday
Lunch	<p>Traditional Scottish Cullen Skink</p> <p>Served with</p> <p>Homemade Soda Bread</p> <p>Date Squares</p>	<p>Chunky Vegetable &amp; Chicken Casserole topped with Wee Jean's Dumplings</p> <p>Melon Fingers</p>	<p>Carbonara</p> <p>Served with</p> <p>Sugar Snap Peas, Baby Corn and Carrots</p> <p>Fresh Fruit Salad</p>	<p>Mild Fish Curry</p> <p>Served with</p> <p>Boiled Rice &amp; Naan Bread Fingers</p> <p>Sugar Free Jelly and Pear Slices</p>	<p>An old Favourite Steak Pie</p> <p>Served with</p> <p>Steamed Cabbage &amp; Mash Tatties</p> <p>Melon Fingers</p>
Mid-afternoon snack	Crackers & Cheese	Selection of Fruit & Veg Sticks	Selection of Fruit & Veg Sticks	Homemade Oatcakes	Zero Waste Friday
Tea	Crustless Broccoli & Tomato Quiche	Mackerel and Roasted Pepper Pasta	Chicken & Rice Soup	Stovies	Sandwich Selection
NOTES	<p>A hot lunch is offered each day, with a freshly made sandwich provided if this is not eaten.</p> <p>Children with specific dietary requirements are offered suitable alternatives that reflect the same meal as closely as possible.</p> <p>Water and milk are available at breakfast, lunch, tea, and snack times.</p> <p>Fresh fruit is offered throughout the day and served with all meals and snacks.</p>				

**MARINA VIEW NURSERY**  
**MENU ROTATION WEEKS 1-4**  
October 2025 – April 2026

**OCTOBER**

Week 1	Week beginning	27th
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**NOVEMBER**

Week 2	Week beginning	3rd
Week 3	Week beginning	10th
Week 4	Week beginning	17th
Week 1	Week beginning	24th

**DECEMBER**

Week 2	Week beginning	1st
Week 3	Week beginning	8th
Week 4	Week beginning	15 <sup>th</sup> .....17 <sup>th</sup> Dec Traditional Christmas Dinner.....

**JANUARY**

Week 1	Week beginning	5th
Week 2	Week beginning	12th
Week 3	Week beginning	19th
Week 4	Week beginning	26th

**FEBRUARY**

Week 1	Week beginning	2nd
Week 2	Week beginning	9th
Week 3	Week beginning	16th
Week 4	Week beginning	23rd

**MARCH**

Week 1	Week beginning	2nd
Week 2	Week beginning	9th
Week 3	Week beginning	16th
Week 4	Week beginning	23rd
Week 1	Week beginning.	30th

**APRIL**

Week 2	Week beginning	6th
Week 3	Week beginning	13th